

Apreciados compañeros,

En el International Restless Legs Syndrome Study Group (IRLSSG) se están desarrollando varios proyectos para SPI en edad pediátrica y dolores del crecimiento.

Existe la posibilidad de que nuestro Grupo Pediátrico forme parte de estos proyectos, tras la cordial invitación de Arthur Walters, miembro de la Junta Directiva del IRLSSG (adjunto email de A. Walters).

Dear Maria Jose:

Can you send me the email addresses of all the members of your group that want to participate in our projects for Pediatric RLS and Growing Pains? I can add their names to the email distribution list which now has 50 members. We are planning on having a live meeting in Seattle, Washington Tuesday 7 PM on June 9th as part of the larger Associated Professional Sleep Societies conference. You can also join by teleconference.

We have four planned projects:

1. The most active project and the one we are most likely to be able to start soon is one where the parents will do home cell phone video taping of growing pain children and RLS children in the home environment to see if there are any differences between the groups. It has always been assumed that growing pain children do not move around but is it really true?
2. We also have plans to validate the already existing pediatric RLS rating scale.
3. We have plans to treat growing pain children with an arm for vitamin D and an arm for iron. We will also treat RLS children similarly.
4. We have plans to collect blood samples from growing pain children and RLS children for genetic studies.

We would very much appreciate your participation.

Gracias,

Arthur S. Walters, M.D.

Professor of Neurology

Associate Director Sleep Medicine

Vanderbilt University School of Medicine Medical Center North A-0118

Nashville, Tennessee

Todos aquellos interesados en colaborar, tenéis que enviar vuestros datos de contacto a María José Jurado a la dirección email mijuradoluque@gmail.com, en el plazo de una semana (último día 4 de mayo).

María José Jurado

Co-coordinadora del Grupo Pediátrico de la SES

Unidad Multidisciplinar de Sueño
Hospital Universitari Vall d'Hebron
Passeig Vall d'Hebron, 119-129
08035 Barcelona